

The Resource

A Human Resources newsletter for staff, faculty, clinical fellows and postdocs.

Resources to help you tHRive



You help the university achieve its missions of research, teaching and patient care. Learn how you can focus on self-care, build resilience, enhance your skills and career and engage in the campus and in the community.

Your well-being



Focus on your personal health and wellness. Set goals, track and manage health, build resilience and Earn \$100 in Yay rewards. [Learn more about wellness.](#)



Learn skills and develop your career for work that matters. [Learn more about staff courses, management development and career development.](#)



Engage in our campus and St. Louis community. [Learn more WashU centric campus perks, St. Louis signature programming, and employee discounts.](#)

Work-Life Solutions



Work-Life Solutions, formerly known as Employee Assistance Program (EAP), offers free, confidential, 24/7 support, resources and information for every aspect of your life. [Learn more.](#)

A Word from WashU Leadership



Advice from Mark S. Wrighton to New Employees

Chancellor Mark Wrighton spoke with staff at a recent Chat with the Chancellor event. Wrighton was asked, "What advice do you have for a new employee?" [Learn more.](#)

Benefit Highlights



A focus on your financial well-being.

Tips for budgeting and saving. You can manage your personal finances now and prepare for the future at the same time. Learn how to start tracking your goals and expenses through the TIAA goal planner. [Learn more.](#)

Events and Programming

Feb 13 [Health Happening](#)

Feb 20 [Staff Learning and Development Course](#)

Diversity and Inclusion News

- Lathon Ferguson, Diversity and Community Outreach Manager was featured in the [St. Louis American](#) for connecting the community to WashU
- Washington University in St. Louis named to Forbes "[America's Best Employers](#) for Diversity list."
- Day of Discovery, Feb 13 and 14. [Register for events.](#)
- Staff can participate in diversity and inclusion programs through the new [Staff Passport Program](#). [Register](#) through Learn@Work.

Announcements and Call for Award Nominations

- [Nursing Tuition Application](#), deadline Feb 23
- Call for Gloria White [Award Nominations](#)
- Call for Dean's [Service Award Nominations](#)

Other WashU Employee News

- View the [Edison Theatre](#) Spring '18 schedule
- WashU IT News - [Learn more](#) about the importance of privacy and protecting personal information
- Danforth parking update: Gate-arm technology and new Passport Parking app. View [parking.wustl.edu](#) for details on parking and commuting to campus
- Campus Next: [East End project update](#) - the first six month in pictures
- [Honoring St. Louis' Olympic Legacy](#)
- [Employer Assisted Housing Program](#) re-vamps program, changes coming Mar 1



Washington University Human Resources is a strategic partner delivering on the university's missions through an unwavering focus on the people who make it great.

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